

Expository Essay Conclusion Examples

Conclusion Example 1: Stress Coping Mechanisms

Each of the mechanisms described above can be effective in their own way, even the destructive ones. After all, a person manages to alleviate his or her stress—and this is exactly the goal of a coping mechanism. However, it is important to distinguish between harmful and beneficial mechanisms, and to combine productive and constructive emotional and problem-focused strategies in order to manage stress more effectively.

Conclusion Example 2: How Racism Emerges

Racism is an ancient phenomenon that is still prevalent, despite advances in rights, attitudes, and standards of living. This psychological disorder comes about commonly through the fear of people, a desire to be an integral part of a group, and from upbringing. Though many freedom fighters and activists have tried to conquer racism and to dispel it, it continues in the minds of people. The end of racism unfortunately does not seem to be a plausible occurrence in our current world.