

# Annotated Bibliography Introduction Example

**Please Note:** Your professor may have different citing expectations than the rules outlined below. Ask your instructor before starting assignments the citing rules outlines in this handout are appropriate for your class.

<p>1</p> <p><b>Full Title of Essay</b></p> <p>Student Name Name of College Course Code Instructor Name Due Date</p>	<p><b>Title Page</b> (Ask your instructor for specific requirements)</p> <p>2</p> <p><b>Annotated Bibliography</b></p> <p>Abudayya, A., Shi, Z., Abed, Y., &amp; Holmboe-Ottesen, G. (2011). Diet nutritional status and school performance among adolescents in Gaza Strip. <i>Eastern Mediterranean Health Journal</i>, 17(3), 218-225. Doi:10/26719/2011.17.3.218</p> <p>Researchers in this study used a “food frequency” questionnaire to determine the relationship between food intake and school performance. Results from the 932 surveyed students indicated that diet and nutrition had a significant impact on school performance and students’ health. This suggest that...</p> <p>Racette, S.B., Cade, W.T., &amp; Bechmann, L.R. (2010). School-based physical activity and fitness promotion. <i>Physical Therapy</i>, 90(9), 1214-1218.</p> <p>The authors conducted a 3-year intervention and assessment of a school-based physical activity program for students in grades K-12. This report was useful because it gave suggestions on how to set up a school fitness program. Researchers convinced school administrators of the program benefits by using evidence from Cochrane systematic reviews to highlight the health benefits of physical activity as well as the improved focus that students would have on their academics. The study found that there was a 6% increase in the number of students who met the physical fitness standards. One weakness in the study was that it did not consider the impact of diet...</p>
<p><b>Describe the research methods and results</b></p>	
<p><b>Comment on the usefulness of the report</b></p>	
<p><b>Comment on the results and any weaknesses of the study</b></p>	